

Pour Lucie

Déjeuner

Lundi 13/01

Assiette de charcuterie, cornichons
ble / gluten, celeri, lait, moutarde, oeuf, soja, sulfites

Céleri rémoulade
celeri, moutarde, oeuf, sulfites

Boulettes de bœuf sauce tomate

Blé aux petits légumes
ble / gluten, celeri



Plateau de fromages et laitages
lait

Fruits de saison

Entremet au chocolat
lait



Bûche de Noël chocolat
ble / gluten, lait, oeuf, soja



Mardi 14/01

Taboulé
ble / gluten

Salade composée: soja, tomate, mais sauce salade
moutarde, sulfites

Escalope de dinde au curry
ble / gluten, lait



Frites

Plateau de laitages
lait

Bavarois au chocolat
ble / gluten, lait, oeuf

Eclair vanille
ble / gluten, lait, oeuf, soja

Fruits de saison

Compote de pommes

Mercredi 15/01

Concombre à la Crème
lait, sulfites

Salade Vosgienne
lait, moutarde, sulfites

Alouette de boeuf
soja

Pâtes torsadées
ble / gluten

Plateau de fromages et laitages
lait

Paris Brest
ble / gluten, fruits à coques, lait, oeuf, soja

Fruits de saison

Galette des rois
ble / gluten, fruits à coques, lait, oeuf

Jeudi 16/01

Oeuf dur mayonnaise
moutarde, oeuf, sulfites

Pâté en croûte
ble / gluten, celeri, moutarde, oeuf, soja, sulfites

Rôti de porc sauce forestière
ble / gluten, lait, sulfites

Petits pois carotte

Plateau de fromages et laitages
lait

Beignet framboise
oeuf, arachides, ble / gluten, fruits à coques, lait,

Abricots au sirop

Compote de pommes

Vendredi 17/01

Salade de pâtes italienne
ble / gluten, moutarde, sulfites

Asperges

Poisson pané
ble / gluten, poisson



Choux Fleurs, Brocolis et Pomme de terre vapeur



Plateau de fromages et laitages
lait



Fruits de saison

Rose des sables Antilles
lait

Cratin de fruits
lait



ce 2

verger ecoresp



equitable

verger ecoresp



equitable

Dîner

Lundi 13/01

Salade club sauce salade
lait, moutarde, sulfites

Raviolis au boeuf gratinés
ble / gluten, celeri, lait, oeuf

Plateau fromage emballés
lait

Muffins choco aux pépites de chocolat
ble / gluten, lait, oeuf, soja

Fruits de saison 

Mardi 14/01

Bouillon de légumes vermicelles
ble / gluten, celeri

Emincé de poulet au jus
lait 

Haricots beurre persillés

Plateau fromage emballés
lait

Fruits de saison 

Tarte à la myrtille
ble / gluten, lait, oeuf

Mercredi 15/01


Oeuf dur
oeuf

Knack d'Alsace

Pommes rissolées

Plateau de fromages et laitages
lait

Fromage blanc et fraises au balsamique
lait, sulfites

Fruits de saison 

Jeudi 16/01

Velouté d'asperges
ble / gluten, celeri, lait

Moussaka d'aubergines
ble / gluten, lait, sulfites

Plateau fromage emballés
lait

Fruits de saison 

Gaufre confiture
ble / gluten, lait, oeuf, soja

Vendredi